

AMERICAN LEADERSHIP ACADEMY

Dear Parent/Guardian,

We are excited that your child is interested in trying out for our ALA High School Spiritline! Our athletes are positive role models on campus and in the community. We expect them to be great examples of school policy in regards to their attitude, attendance, academics, and sportsmanship. As members of the ALA Spiritline, students will learn the importance of commitment, teamwork, responsibility and school spirit. We will have two sets of tryouts that will take place May 10th - 12th and July 26th - 27th. All try-out information is provided below.

Please login to registermyathlete.com to start working on your athletic clearance. Once the online paperwork is complete and uploaded you can stop by Ms Hanna's office to receive your blue card (athletic clearance) which will need to be turned into a coach by May 10th in order to participate in the first day of tryout clinics. A physical that is dated after March 1st is required to complete the online paperwork. Incoming freshmen, transfer, and Varsity competition tryouts will be the second date of July 26th - 27th. These athletes are invited to participate in summer practices and the UCA summer camp but this does not guarantee them a spot on the team.

Your daughter can find Coach Rollins or Coach Manning upstairs in the Fieldhouse before school, Coach Palma in the dance room before and after school. Coach Malloy is available in her classroom (Rm 106) to ask questions or turn in paperwork anytime this week.

Please don't hesitate to reach out with any questions you may have!

Thanks,

Bryana Rollins
Head Varsity Cheer Coach
brollins@alascschools.org

Ashley Palma
Head Varsity Pom Coach
apalma@alascschools.org

Kortney Manning
Assistant Varsity Cheer Coach
kmanning@alascschools.org

Lindsey Kennedy
Assistant Varsity Pom Coach
lkennedy@alascschools.org

Kelly Malloy
JV Cheer Coach
kmalloy@alascschools.org

Dannis Zazueta
Assistant Director of Fine Arts
dzazueta@alascschools.org

POM/CHEER TRYOUT PROCESS & REQUIREMENTS.

May 10th - 12th - JV & Varsity Cheer tryouts for all current ALA High School students

Mon & Tues - 3:30-5:30 Tryout clinic (upstairs in Fieldhouse)

Wednesday - 3:30 Tryouts & teams posted on Patriots Cheer Instagram

May 10th - 12th - Patriettes Varsity Pom tryouts for all returning members

Mon & Tuesday - 2:00 - 3:15pm seventh period

Wednesday - 3:30 Tryout & team posted on downstairs dance room door

July 26th - 27th - JV & Varsity cheer/ Patriettes Varsity Pom tryouts for transfer students & incoming freshman and Varsity Competition team tryouts for all athletes

Monday - 3:30 - 5:30 Tryout Clinic

Tuesday - 3:30 Tryouts & results posted on Patriots Cheer/Patriettes Instagram

Cheer skills assessed

Energy & enthusiasm

Motion technique & placement

Timing, rhythm, memorization

Triple Jump sequence

Jump to tumbling skill

Running tumbling

Stunts

Physical - timed mile, push-ups, sit-ups

*Tumbling is encouraged for JV & Varsity cheer and required for competition team members

Pom/Dance skills assessed

Energy & enthusiasm

Motion technique & placement

Timing, rhythm, memorization

Double Toe Touch Jump sequence

Triple Pirouette

4-8 fouettes

Right Ariels

Physical - timed mile, push-ups, sit-ups

2020-2021 ALA VARSITY SPIRITLINE COMMITMENTS

Participating on a spiritline requires a significant time commitment for games, practices, performances and competitions. Pom and Cheer are expected to be at all spiritline activities. Those interested in the competitive cheer program will also be required to be enrolled in tumbling at either a gym of their choice or with Rogue Athletics. Please be aware that time commitments include, but are not limited to the following activities:

Varsity Spiritline Time Commitment

Summer practices & camp

1st hour Varsity cheer class or 7th hour Varsity pom class

Friday night football games

Boys basketball games (2nights/wk)

Assemblies each semester, including night time run throughs & early-morning warm-ups

School promotion events

Additional practices to prepare for events, games & performances

Competition Team Commitments

Competitions - (additional after school or weekend practices may be added prior to competitions)

Cheer competition school practices T-Th 6:30 - 8:00am

Cheer Choreography - Sept 3th, 4th, 6th (still waiting to confirm with football schedule)

Patriettes competition school practices Thursdays 3:00pm - 4:00pm

Patriettes Choreography-TBD

AIA Cheer Regionals - January 15th

AIA Pom Regionals - January 22

AIA Cheer & Pom State Championship - March 12th

USA Regional Qualifier

USA Nationals - Anaheim March 25-26, 2022

As a parent please plan to volunteer to assist on one of the following committees throughout the season. We will have signups at our first parent meeting:

Spiritline Homecoming Dinner

Fall - Little Patriot Clinic

Spiritline Christmas Party

Competition Goody bags

Spiritline Banquet

JV Time Commitment

Summer camp

Tuesday and Thursday morning practices

Thursday night football games (home games)Boys basketball games (2x per week)

Spiritline Estimated Financial Commitment

Varsity Cheer (new member) - \$810

May 13th - 1st Payment \$400

June 16th - 2nd Payment \$410

*Payment covers summer camps, uniform rental, game shoes, bows & poms, jersey, tshirt, sweatshirt, practice tanks, warm-up jacket & leggings, backpack, parties, music, team pictures etc.

Varsity Cheer (returning member) - \$710

May 13th - 1st Payment \$400

June 16th - 2nd Payment \$310

*Payment covers all new member expenses other than backpack, warm-up jacket, and jersey

Varsity Cheer Competition Team - \$1520

Aug 10th - 1st Payment \$400

Sept 15th - 2nd Payment \$400

Oct 19th - 3rd Payment \$400

Nov 16th - 4th Payment \$220

*Estimated costs covers USA Nationals (budgeted at \$800), clean up clinic, local competition fees, choreography & music, uniform, shoes, poms, signs, bow, comp t-shirts

Patriettes Varsity Pom

May 13th - 1st Payment \$400

June 16th - 2nd Payment \$400

August 10th - 3rd Payment \$400

Sept 15th - 4th Payment \$400

*Estimated costs covers regional competition fees, competition choreography, music editing, competition uniforms, game shoes, poms & gores, warm-ups, bows, comp t-shirts, back-pack and practice attire. Nationals will be discussed at a later date

JV Cheer (new member) - \$740

May 13th - 1st Payment \$ 400

June 16th - 2nd Payment \$ 370

JV Cheer (returning member) - \$540

May 13th - 1st Payment \$ 300

June 16th - 2nd Payment \$ 240

*Payment covers summer camp, uniform purchase (new member only), game shoes, bows & poms, practice tanks, jacket, backpack, team pictures, holiday party.

Optional in house tumbling for JV & Varsity cheer with minimum 20 enrolled & commitment of August - January (approx. \$350)

FUNDRAISING

Summer - Little Patriots Clinic (earn \$20/participant)

Fall - Football season Little Patriots Clinic (earn \$20/ per participant)

Corporate Team Sponsors \$200 (athlete keeps 50% of sponsorship)

Please let a coach know if you need additional time to make a payment or financial assistance.

We are happy to work with you.

ACADEMIC INFORMATION

Spiritline members are expected to maintain high academic standards in order to participate throughout the season. Grade pulls occur every two weeks and determine eligibility. In order to try-out, students must be passing all current classes. For those trying out in July please fill this out prior to the end of this school year.

Class	Grade (percentage)	Teacher Signature
0.	_____	_____
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____

I understand that participating in a team does not excuse me from putting forth my best effort in my classwork. I will maintain passing grades in my classes and attend tutoring as necessary. I assert that this grade information is true to the best of my knowledge.

Student Signature

Date